



**MAINE STATE**  
**2010**  
**BIATHLON CLUB**  
**CHAMPIONSHIPS**

**OPEN CITIZEN COMPETITION**

**You've seen it! You've heard about it! Now come join the fun at**

**Maine's State Biathlon Championship!**

**All ages and abilities encouraged!**

**10<sup>th</sup> Mountain Ski Center, Fort Kent, Maine**

**Saturday, March 20, 2010**

**Registration and General Information available at: [www.10thmtskiclub.org](http://www.10thmtskiclub.org)**

## Maine State Biathlon Championships Open Citizen Competition

### Schedule and Info:

**Saturday, March 20, 2010**

9:00-12:00AM North American Championships and U.S. National Biathlon Championships

Come watch the exiting action!

9:00-12:00 Registration Open – 10<sup>th</sup> Mountain Lodge

1:00-1:50 PM Open Training and Introductory Clinic

2:00PM Moose Kids shooting competition + .5 km

2:30 Wave by Category

Ages 10-14

Ages 15-20

Ages 21+

Post race – Prizes

**Saturday Evening:** Join us for a fun filled Evening. More details at registration!

**Entry Fees:** Registration will be open from 9:00 AM until 1:00 PM.

Category	Registration Fee
Moose Group Ages 9 and under	\$10.00
All Other Categories	\$20.00

**No Carry Categories:** Race categories where athletes DO NOT carry rifles will have the rifles placed on the shooting points with a support. Participants can pick any point to shoot from upon entering the range. All points will be supervised.

**Rifles and ammunition:** Rifles and ammunition will be provided for all introductory clinics and for all non-carrying categories.

**Moose Group:** Parents are encouraged to escort their children during this event. Bring your own skis or walk/run with your child.

**Skis:** Please bring your own skis and poles.

### **Competition Categories**

Category	Sprint	Shooting Bouts	Rifle	Penalty
Ages 21+ Men & Women	4.5km 1.5km, Prone, 1.5,m, Prone, 1.5km	(P, S) Prone on Standing Targets	.22 cal No Carry	150m
Ages 15 – 20 Men & Women	4.5km 1.5km, Prone, 1.5,m, Prone, 1.5km	(P, S) Prone on Standing Targets	.22 cal No Carry	150m
Ages 10 – 14 Boys & Girls	3km 1km, Prone, 1km, Prone, 1km	(P, P) Prone on Standing Targets	Air rifles No Carry	100 m
Moose Group (ages 9 & under) Don't carry rifles	.5km	Shooting Competition + .5km	Air rifles No Carry	None

**MAINE STATE BIATHLON CHAMPIONSHIPS ENTRY FORM**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Age: \_\_\_\_\_ Bib#: \_\_\_\_\_

IF MULTIPLE ENTRIES FROM ONE FAMILY:

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Age: \_\_\_\_\_ Bib#: \_\_\_\_\_

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Age: \_\_\_\_\_ Bib#: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State/Prov: \_\_\_\_\_ Zip: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Emergency Contact Telephone #: \_\_\_\_\_

COMPETITION INFORMATION – Please circle applicable category.

Category	Sprint	Fee	# in Cat.	OFFICE USE
Ages 21+ Men & Women	4.5km	\$20.00		
Ages 15 – 20 Men & Women	4.5km	\$20.00		
Ages 10 – 14 Boys & Girls	3km	\$20.00		
Moose Group (ages 9 & under)	.5km	\$10.00		

**WAIVER AND RELEASE OF LIABILITY**

*Identification of risk.* I, the above named competitor, know that biathlon consisting of Nordic skiing and rifle marksmanship, involves risks of serious injury, including permanent disability and death. I understand that these injuries might result not only from my actions, but the actions or negligence of others.

*Assumption of Risk.* I agree that I am responsible for my safety while participating in biathlon training and completion. I assume all risks, both known and unknown, connected with my participation.

*Waiver.* Being aware of the risks and willing to assume them, I waive, release and hold harmless 10<sup>th</sup> Mountain Ski Club and Maine Winter Sports Center, volunteers, directors, officers, coaches, sponsors, advertisers, and owners/leasers of used premises from all claims for liability, injury, loss, or damage connected with my participation in biathlon training and competition. I intend for this waiver and release to also apply to my relatives, personal representatives, heirs, beneficiaries, next of kin and assigns.

*Insurance.* I currently have, and agree to maintain through the time I participate, sufficient medical and accident insurance. I understand that this is my responsibility and release anyone from providing it for me.

I have read this agreement carefully, understand that I give up substantial rights by signing it and sign it voluntarily.

Participant's Signature \_\_\_\_\_ Date \_\_\_\_\_

**FOR PARTICIPANTS UNDER AGE 18:**

In consent to the above person's participation in biathlon training and competitions. I acknowledge that I assume all risks, know and unknown, and waive all claims in advance.

Parent/Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_

Mail to: 10<sup>th</sup> Mt Ski Club  
P O Box 541  
Fort Kent, ME 04743